

## CAUSE OF SEVERE ASTHMA CORRECTED THROUGH CHIROPRACTIC

My son David, age 4½ years, had trouble breathing since birth. At 1½ years of age he came down with what was diagnosed as a typical case of Bronchial Asthma; also severe sore throat and ear involvement. He continued to have these attacks even though I had him under the generally accepted and conventional type of treatment with no results. His condition had grown worse and we had highly considered selling out here and moving to Arizona, thinking that a change might help our boy.



David Clark

In June 1955, through the recommendation of a friend, I consulted Dr. Sterling H. Pruitt, Sr., D. C., 2214 Hemphill, Fort Worth, Texas. A spinal nerve analysis was made, which revealed a nerve blockage affecting various parts of the body, especially the respiratory tract. Dr. Pruitt suggested that we have X-ray spinographs made to determine what was causing this nerve blockage. The following day, we returned to the Clinic and Dr. Pruitt explained the X-ray findings which showed bad vertebrae misalignment that was responsible for the blocking or mashing of the nerves that supplied a number of the organs in the body. I immediately placed my son's health under the care of Dr. Pruitt. An adjustment was given and further spinal nerve analysis revealed a definite improvement of the nerve blockage.

After a few months of Chiropractic Care we noticed a remarkable improvement in David's health. The Bronchial Asthma, sore throat and ear involvement had been eliminated. It is simply amazing the results that David received under Chiropractic Health care. My child is now enjoying wonderful health with no return of asthma. I can truthfully say to all parents that have children with Asthma, by all means place their health under Chiropractic Care.

I have given this testimony of my son's condition with the hope in mind that it will enlighten others as to the true and wonderful health values of the Science of Chiropractic.

Notary Public in and for Tarrant County, Texas. Sworn to and subscribed before me this 30th day of October, 1957. (Signed Stanley J. Robertson, Notary Public (Seal) Tarrant County, Texas.

MRS. A. R. CLARK  
748 Tanglewood Drive  
Hurst, Texas  
AT 4-8102

## DISCARD YOUR BRACES THROUGH CHIROPRACTIC

In September of 1954 I started having intense pain in the lower part of my back, right hip, and right leg. I resorted to the usual medication for this condition which offered at best only temporary relief.



Mrs. A. C. Killgo

In January, 1955 my condition became so severe that it was necessary that I enter the hospital. I was put in traction with a 15 pound weight on my leg for 10 days.

Upon leaving the hospital my Doctor strongly advised that I wear a steel brace on my back and a lift in my shoe, which I did. As time went on I became progressively worse, until I consulted my Doctor on February 13, 1955. He advised my entering the hospital, at that time, for immediate surgery on my lower back. I entered the hospital and on February 15, 1955 I had surgery on my lower back for ruptured disc.

Upon departing from the hospital my Doctor strongly suggested that I wear my steel brace constantly, I followed his advise and for the next 11 or 12 months I suffered from weakness in my back and legs and excruciating pain until I was unable to do anything but remain in bed most of the time. My Doctor again advised surgery. This time it would be a fusion operation, which he explained would be a grafting of bone into the vertebra. This I refused to accept. About this time I had been hearing of the wonderful results being obtained at the Pruitt Chiropractic Clinic, 2214 Hemphill Street.

On January 6, 1956 I entered Dr. Sterling H. Pruitt Sr.'s Clinic wherein a Chiropractic spinal nerve analysis was made, revealing a nerve blockage. He immediately advised X-ray spinographs to be made to see what was causing this nerve blockage. The X-rays showed a terrific vertebrae misalignment was responsible for the nerve blockage and was the direct cause of the pain in my lower back, right hip, and right leg.

My condition began to improve after the first Chiropractic adjustment. The lift in my shoe and the brace on my back which I had been wearing for a year were removed. I immediately started on the road back to health. I made steady progress until at this time the pain in my back, hip, and leg have gone. I am now able to do all my work.

I have seen a number of cases similar to mine in the Pruitt Chiropractic Clinic and it is simply wonderful the results they are getting. I write this in hopes that others who suffer as I once did, will turn to Chiropractic first. I highly recommend Dr. Pruitt and the work done at the Pruitt Chiropractic Clinic.

Stanley J. Robertson, Notary Public in and for Tarrant County, Texas. Sworn to and subscribed to before me, this 25th day of August, 1956. Signed. Notary Public (Seal) Tarrant County.

Mrs. A. C. Killgo  
4510 Erath  
Fort Worth, Texas  
Phone JE 6-4318

# POSTAL EMPLOYEE'S ULCERATED STOMACH CONDITION CORRECTED

On February 23, 1956, while at my job at the Post Office, I suddenly felt a pain in my chest and then passed out. I was rushed to the hospital. The doctors at first were under the impression that I had suffered a heart attack.



After a two-day stay in the hospital, it was diagnosed that my circulatory system was out of order. After leaving the hospital, I continued to have trouble that acted like a digestive disturbance. I was also having low back pains, pressure at the base of my skull, constipation, restriction of kidneys at times, asthma, general tired run down feeling, was underweight, and was having one bad cold after another.

March 23, 1960, I was checked again by some leading doctors and they diagnosed my case as a duodenal ulcer. From March 1956 through June 1956, I only worked one week. I was under constant treatment to no avail. I was steadily growing worse until I consulted Dr. Sterling H. Pruitt Sr., D.C., 2214 Hemphill, Fort Worth, Texas.

After an interview with Dr. Pruitt, a nerve analysis was made which showed a nerve blockage in my spine. Dr. Pruitt suggested X-ray spinographs be made to find out what was causing this nerve blockage. The following day during the X-ray conference, he explained that a severe vertebrae misalignment had been found, which was responsible for the nerve interference.

An adjustment was given and a complete uninterrupted rest followed. I started making a general change in my entire body. Within a period of a few months I was absolutely amazed with the wonderful improvement in my health.

I have had no trouble with my ulcer and I can eat almost anything I want. I have gained 25 pounds, my low back pains, pressure at base of my skull, constipation, restriction of kidneys, asthma, continual bad colds, and the general tired, run down feeling, all have gone. During my Chiropractic care I have conversed with hundreds of patients in Dr. Pruitt's Clinic and I am simply astounded at the wonderful results sick people are getting under Chiropractic care.

I am most grateful to Dr. Pruitt and to Chiropractic for making possible the restoration of my health. If more people would place their health under Chiropractic care, they would save themselves a lot of suffering.

Sworn and subscribed before me this 1st day of June, 1957.  
MR. R. D. BARKSDALE  
3315 N. Houston  
Fort Worth, Texas  
Phone MA 6-9025

STANLEY J. ROBERTSON  
Notary Public

Your Health

# IS YOUR RESISTANCE LOW?

By

MARY ANN PRUITT, D. C.

GOD BUILT Adam out of mud and leaned him up against a tree to dry. While He was busy creating, He built ALL OTHER living things which includes the many germs, microbes, viruses and bacteria.



DR. PRUITT

HE KNEW Adam and Eve, plus all the offspring to follow, would have to dwell among and live with these microscopic organisms. He also knew that under certain conditions some of these little fellows had the power to attack and infect human tissue, so being ALLwise, He equipped Adam and Eve with a 'built in' defense mechanism to RESIST these tiny enemies of Man. We refer to this as "tissue resistance." All doctors agree that high tissue resistance is your best defense against infectious diseases. Without tissue resistance Man could not have survived those many centuries before the advent of the anti-biotics.

INFECTION PROBLEMS still exist with the Anti-biotic Era in full swing. We are constantly having cases brought to our clinic wherein the case is experiencing one infection after another. Many have taken so many anti-biotics they are immuned to them. Should the usual and seemingly endless procedure that has been previously followed be repeated, or should we do something different?

In our work we concern ourselves with the "Cause" of patient's lowered tissue resistance. We have found that if we can correct this "Cause" the body's NATURAL DEFENSE FORCES can 'take over' and not only give the existing infection a "good licking" but also 'fight off' future infections.

WATCHING these cases, especially those frail, skinny, little children with no appetites 'bloom forth' as the Creator INTENDED, and seeing the drawn, worried expressions on the faces of anxious parents, haggard from sleepless nights, once again become peaceful, makes us realize that life and health come from WITHIN, NOT FROM WITHOUT.

Your health being a must, call today for an appointment, WA 7-8656, Pruitt Chiropractic Clinic.

—Advertisement

# EVERMAN MAN REGAINS HEALTH

Having had lower back and leg pain for some time, susceptible to colds, hurting in the back of my neck and a general tired run-down feeling, I called the Pruitt Chiropractic Clinic for an appointment.



J. I. JAMESON

Upon entering the clinic a spinal nerve analysis was made which revealed nerve pressure in my spine. X-Ray Spinographs were made that determined definitely vertebrae misalignment which in turn caused the nerve pressure.

Being in such intense pain, I knew something had to be done. I accepted Dr. Pruitt's recommendation for Chiropractic Care. I noticed a marked improvement in a short length of time; my severe back and leg pain started to subside and I continued to improve until I was well and free of all pain. Also my headaches, susceptibility to colds, neck pain, and general tired run-down feeling have disappeared.

I have sent my friends, who needed help, to the Pruitt Clinic and have talked to hundreds of patients. I find they too are delighted with the Chiropractic results they have received.

Anyone wishing further information about the Pruitt Clinic or Chiropractic, do not hesitate to call me.

J. I. Jameson  
Box 185  
Everman, Texas  
AX 3-0839

SINGLE ACKNOWLEDGEMENT

THE STATE OF TEXAS  
County of Tarrant.

Before me, the undersigned, a Notary Public in and for said County and State, on this day personally appeared

MR. J. I. JAMESON  
Box 185  
Everman, Texas  
AX 3-0839

known to me to be the person whose name is subscribed to the foregoing instrument, and acknowledged to me that she executed the same for the purposes and consideration therein expressed.

Given under my hand and seal of office this 29th day of October A. D. 1960.  
Paul Morris  
(L.S.)

Notary Public in and for Tarrant County, Texas.

# Sinus Trouble

By  
MARY ANN PRUITT, D. O.

The symptoms of sinus trouble are clear cut. Besides the localized area of pain, we find a swelling of the part affected with redness and heat present. There may be running of pus

and mucous from the nose. The jaw swells and the eye-balls may protrude. Watering of the eyes is very common. There is great tenderness around the teeth in the front of the upper jaw and often times, the reaction sets off a severe toothache.



DR. PRUITT

The Science of Chiropractic is able to effect remarkable results because it is based upon finding a specific CAUSE of Sinus trouble. The nerve force beginning in the brain travels over pathways of nerve tissue by way of the spinal cord and various nerves to the sinuses. If this controlling force does not ALL reach the sinuses; due to a pinching or squeezing of the connecting nerves, the sinuses will no longer function properly. They become sick and stay sick until such a time that the pinching or squeezing is stopped, and the 100 per cent nerve force is restored to the sinuses. Then and only then, will the sinuses be restored to its normal activity.

Case A-127 had all of the symptoms mentioned above. She could get some relief by pressing the forehead tightly between the hands. She had surgical drainage, and always with only temporary relief.

In October, 1960, she entered the Pruitt Chiropractic Clinic. After a spinal nerve analysis had been made and a nerve blockage discovered, X-ray Spinographs were made to find what was causing the blockage. The X-ray Spinographs revealed severely misaligned vertebrae causing the pinching of the nerves feeding the sinuses. We made the necessary adjustment of the spine and within a few months of Chiropractic care, all of the symptoms of sinus trouble disappeared and have yet to return.

Is your suffering caused from nerves being squeezed or pinched? Find out now! Consult the Dr.'s Pruitt at Pruitt Chiropractic Clinic, 2214 Hemphill, Fort Worth, Texas, WA 7-8656.

-Adv.

## "SEVERE SINUS TROUBLE" RESPONDS TO CHIROPRACTIC

The past six years, I have suffered with sinusitis or sinus trouble and severe headaches which I have had most of my life, accompanying this I suffered with indigestion and leg cramps. I consulted some of the finest doctors and was told most of my trouble was due to allergies. After several months my condition had still failed to respond to treatment. In February 1952, I heard of the wonderful results being obtained at the Pruitt Chiropractic Clinic and I decided to enter Dr. Pruitt's Clinic. X-ray Spinographs



MRS. L. E. VAUGHN were made revealing vertebrae misalignment. This misalignment was causing squeezing or blocking of the nerves supplying the sinuses stomach and leg muscles. Dr. Pruitt explained in detail what was causing the nerve blockage and how he would make proper adjustment to release the pressure upon the nerves. After the first adjustment I noticed a great change in my body generally and I continued to improve in health. The headache, sinus trouble, indigestion and leg cramps are a thing of the past.

I have conversed with a great number of people that are not familiar with the great health benefits of Chiropractic, I also am deeply grateful to Dr. Pruitt for the good and wonderful things he is doing for suffering humanity.

9th day June, 1954. Ona Echols  
Notary Public, Tarrant County, Texas  
Subscribed and sworn to before me. Signed.  
Notary Public (Seal) Tarrant County.

MRS. L. E. VAUGHN  
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Fort Worth, Texas  
Phone WA 3-6900