

HIDDEN MISERIES

Hidden behind our grin - and - bear - it - for - the - sake - of - strangers front, many of us are worried to the point of confusion, frustration and even despair.

We keep ourselves in the groove of daily living, but we do not have any real zest for the game. We just muddle through as time rushes on.

We stumble up to a crisis and seem to bumble it about, and then press on again.

Oh, we're vocally healthy, but we never manage real enthusiasm because of our nagging cares. We are irritated more often than pleased. Timorous rather than courageous. Apprehensive when we strive to appear calm. We do not feel up to it at all. We feel tired and achy in places we can't rub. It is a disagreeable feeling. We've got miseries!

But, living need not be like that at all. The real zest and enthusiasm of vigorous pulsating life is at your elbow. You need not continue to feel like your spring had come unwound. You can get it rewound quite simply. It will be easy once you decide what to do.



Roy E. Le Mond, D.C.

It would help you decide if you came to the realization that your body is not just a conglomeration of chemicals, but instead is an electro-chemical machine. And the electro part controls the chemical, because the chemical factories (glands) of your body are dependent upon the electric life energy for the power to manufacture the chemicals, and the intelligence to make the right quantity and proper quality.

Your brain supplies both energy and intelligence. Your nervous system is the electric wiring from the brain to the gland factories.

These lines of communication develop interferences in the spinal distribution system that interrupts energy supply, or garbles the wave lengths which provide the intelligence. In either case the gland fails to perform properly, and you develop some form of miseries.

At LeMond Chiropractic Clinic, Dr. Le Mond specializes in finding spinal interferences and in correcting them. Now that you know, you will be able immediately to decide to phone for an appointment to learn where your interferences are located and what can be done that would relieve you of your particular miseries. There is no obligation, so phone GR 8-2044. You'll be glad you did.

Colds and Diarrhea from Spinal Injuries

Explaining that her four year old boy had been getting the best of care available, this young mother was worried and confused because he failed to do more than get over one cold and plunge into another one. She had grown so fearful of the dangerous side effects of the continuous use of so much strong miracle type drugs that she was willing to try anything, even Chiropractic, which she had been warned by her specialist to avoid. Under those circumstances, she came to the Le Mond Chiropractic Clinic where our nerve meter located nerve interference and X-Rays revealed the cause of the interference. Corrective adjustments were begun and soon the boy showed all the signs of returning zip and zest of robust health. Something was preventing proper control and coordination of those many and delicately balanced organs and glands. We restored the control! Nature did the rest!



Roy E. Le Mond, D.C.

Only thirteen days old and ten of them plagued with cramping diarrhea! Several changes of his formula and other treatments had failed to improve his condition when his mother brought him to Dr. Le Mond. Our instrumental examination discovered upper spinal nerve interference and X-Rays disclosed an injury probably sustained during birth. Correction was immediately begun and the results were amazing.

At the end of a week all symptoms of illness were gone and the baby was back on his mother's breast which was originally but erroneously supposed to have been causing the trouble. We removed the interference. Nature quickly righted itself and things became normal. Be sure there is not some interference upsetting nature's delicate balance in your baby's body. Don't wait until too late! Have your present and past treatments made you well? If not, what can you lose except bad health? Investigate. You might regain good health. No. 3232.

No. 2634. 403 1/2 West 7 GR 8-2044

Painful Salivary Glands And Sore Mouth Respond

Sometimes a chain of events lead to hidden blessings. A low back catch caused a middle aged Austin housewife to come to the Le Mond Chiropractic Clinic for relief.

Our questioning brought out that she had been suffering with a sore mouth and throat glands for a couple years despite her repeated visits to her physician.

In addition - there was a soreness under her left arm; solar plexus was tender, ached and felt tight; back of neck felt tired and drawn and ached; tight ache across shoulders; blood pressure was down to 92; and she was constipated.

She had never considered our services for her many other complaints we have enumerated above.

When our Spinal analysis and



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Spinal XRays disclosed nerve interferences in the Central nervous system we felt we had something. As gentle spinal adjustments removed the nerve interferences, this lady's ailments began to fade like a fog before the sun. Not just the low back catch, but all those listed above vanished in due time and when last seen this amazed lady was happy as could be because she got so much more than she expected. No. 3605.

Reading these case experiences will not help you. You must investigate to benefit. Why not? You have nothing to lose except bad health! Phone now. If you have received health from Chiropractic share your good fortune with someone in pain. Bring them to the Le Mond Chiropractic Clinic. We're never too busy to relieve pain.

Open from 8:30 a.m. to 12 noon; 2:30 p.m. to 6 p.m. six days a week to serve the sick.

403 1/2 West 7 GR 8-2044

Low Metabolism From Defective Nerve Endings Corrected

A 21-year-old matron had been suffering from sinus pains instead of enjoying her newly married status.

Headaches, nervousness, face pains, stuffy nose, hay fever, frequent colds, flu, painful irregularity, and low metabolism were her complaints.



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Thyroid pills and various other treatments over a two year period only left her in worse condition.

She said her woes were multiplying instead of going away and she felt very depressed and morbid about her condition. She had dreamed about married life being such a pleasant venture and was considerably disappointed with her bad health.

The Le Mond Chiropractic Clinic examination, spinal analysis and spinal X-Rays, located central nervous system disturbances and spinal joint trouble.

Looking at her final comparative examination report, I see that she reported all symptoms gone, blood pressure back to normal and metabolism ok. No. 3255.

If Chiropractic has liberated you from the bonds of illness, a regular checkup will keep you well.

If convincing a sick friend is difficult, escort them in - let us do it. It'll make you feel real good.

If once upon a time you tried, another may succeed, try again.

If, after all you've done and all you've taken, you're not well yet, why not let us help you outgrow it? Or create an atmosphere favorable for a co-incident? In either case your reward could be freedom from sickness. Quit worrying about HOW you get well. Health is a wonderful goal. Keep trying. You have nothing to lose except your bad health.

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ULCERS INCREASE DURING WAR SCARES

In Washington, D. C., the "Nerve Center" of the world, men are paying the price of high tension, jangled nerves and excesses, according to a recent article in a National Magazine. Doctors report a prevalence of ulcer cases. British doctors reported that a wave of stomach ulcers prevalent among civilians of London as well as in the army, and referred to ulcers as "The most important medical problem of the post war."



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Predisposing causes of ulcers are emotional upset, worry, excitement, and haste, when coupled with nerve irritation. Controlled emotions, rest, relaxations, proper nutrition, and Chiropractic adjustments to assure proper functioning of the nervous system, all play an important part in the prevention or cure of ulcers.

The following actual case from our files will illustrate:

A lady, 43 years of age, was brought to the LeMond Chiropractic Clinic suffering from stomach ulcers causing great stomach distress, vomiting, pains, and fever, nervous exhaustion, headaches, dizziness,

chronic constipation and a very tender and sore gall bladder. Regular treatments and diet had failed to help her, instead, she gradually became worse.

Spinal analysis and spinal X-Rays revealed defective energization and functional disorders. After adjustments restored alignment, this case went back to work. When discharged by us she reported no pains or discomforts, all symptoms gone and normal good health.

No. 1474

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Health Fact's Confuse If Mind's Made Up

More people than we realize maintain a hermit-like attitude about health.

In order to maintain a conviction even if the conviction is based solely on superstition and fear, they will flatly deny the evidences of their own senses. Their eyes will refuse to see, their ears will refuse to hear. Their by-word seems to be, "My mind's made up, do not confuse me with facts."



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This attitude keeps thousands chained to their ailments, prisoners doomed to twilight existence somewhere between health and death. They never are quite able to bring themselves out of their pain wracked worrisom existence into the full sunshine of a Healthy Happy adventuresome life. They eventually sublimate and learn to enjoy in a sadistic way, their unhappy lot, and they manage to outlive most of their acquaintances and family.

Family and friends, because of their never ceasing, but non-rewarded efforts to help them, suffer nearly as much as these anointed martyrs.

If you know someone like this, make one last effort, and then ignore them. Abandon them to their chosen miseries.

Once in awhile the lonesomeness will drive a martyr into corrective action, because part

of their pleasure came from the attention stirred up by their sad plight.

We have had a few of this multitude led by the hand into our clinic. The results under Chiropractic Care, that frees life energy imprisoned for years by nerve interferences, is sometimes miraculous, but more frequently hygiene along with energy freeing, life restoring, regenerative adjustments.

If this description seems to fit you there is great hope for you because you are still able to recognize your deterrant.

Be encouraged, and make another try, using something different. The Le Mond Chiropractic Clinic will be happy to help you up the ladder to a sunshine happy healthy life.

There is an inner Force dominating your body, a power that transcends the human intellect, a Force so intelligent that in nine months it fashioned a masterpiece of workmanship which human hands can never duplicate. Skilled in engineering this Force, to carry its messages, and deliver life to all parts and organs of your body, strung a network of nerve fibers more complicated than the telephone systems of several cities combined.

Our task at the Le Mond Chiropractic Clinic is to clear the interferences from this system that prevents parts within you from receiving the life energy that will restore you to radiant happy health.

We can work only where and when permitted. You can open the gate when you—

Phone GR 8-2044 403 W. 7th